

# THE RALLY

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## Captains of their Souls

By JOSEPHINE DASKAM BACON

*"I am the master of my fate,  
I am the captain of my soul!"*

—W. E. Henley.

ONE of the greatest tributes to the Girl Scout movement has just been made, in a very simple, matter-of-fact way by the daily press of London.

England, all torn and battered and harassed as she is by the greatest war that ever shook the world, must take time, as all warring nations must take time, to consider the effect of this war upon the most important part of any community—its young people. And London is finding among her young people a growing unrest and a dangerous tendency toward escape from the ordinary restraints.

If you will think for a moment, you will see how natural and inevitable this is. Every day, every hour, the men and women who occupy their business or their leisure time with the direction, the training or the entertainment of young people are being thrown into more pressing war duties. Teachers, clergymen, policemen, nurses, district visitors, Big Brothers and Big Sisters of all sorts are enlisting in the great army which is England; the very mothers themselves must neglect a little their own broods, and sew and cook and nurse for their adopted sons at the Front.

And what is the result?

Lawlessness increases; juvenile crime grows more daring, because there is less time to suppress it; vagrancy, truancy and disobedience are beginning to force themselves upon the notice of the city authorities.

And so we find the authorities meeting to discuss these things. And in the report of their meeting, I read with great interest in a London paper:

*"The Council strongly urges an increased activity in the Boy Scout and Girl Guide movements, as most helpful in the present crisis."*

Nothing in my opinion, can speak more clearly for the practical value of these movements than this earnest recommendation to hard-headed, practical men. They are not, you

will notice, inventing a new remedy or guessing at results. They are urging an extension of an institution with which they are already well and favorably acquainted. They do not suggest that something like the Girl Guides should be tried, and see what happens—they have seen it tried, and they know what happens, and they want more of it!

Now, the Girl Guides of England are the Girl Scouts of America. If they have been proved to put girls on their honor, to make them trusty, efficient, self-controlled young citizens in war time in England, they will certainly prove these things for England's great Ally.

To me this great fact stands out, wonderfully thrilling and comforting.

Aside from their various technical abilities of knot-tying, semaphoring, first-aiding, cooking, sewing and child-tending, Girl Scouts can be counted upon for self-controlling, self-policing. This recommendation of the London council means, if it means anything, that every Girl Scout the more means one girl the less for the community to worry about, one girl the more for the neighborhood to rely on!

Surely, if this is so, the movement cannot spread too rapidly or too thoroughly for the good of a country which is advancing further and further into the great world-contest every day.

Long before we were at war, the Laws of the Girl Scouts began with these:

*"A girl scout's honor is to be trusted.*

*"A girl scout is loyal.*

*"A girl scout's duty is to be useful and to help others."*

They must have lived up to these laws, one feels, to have convinced the government that England needed more of them.

Surely this plain recognition of what we stand for before the world should act as a real

trumpet-call to every Girl Scout in America; should inspire every Captain and every counselor to redouble her efforts; should enroll increasing thousands in our ranks!

England found her girls "prepared"—can anyone doubt that America will?

## Varied Activities of Philadelphia Scouts

The Girl Scouts in Philadelphia and vicinity now number almost 1,400. We have 76 troops now and expect a number of new ones this fall.

During the summer the Girl Scouts have been very active. A number of troops went camping either to a Boy Scout log cabin or to other camps. The largest number went to our own Girl Scout Camp at Hill Dale, West Chester, Pa. There we had a big farm house and a number of tents besides. Over 200 girls went out at different times during the summer. Each week the girls went hiking and swimming, and had a class in first aid and learned signalling. At the end of the week the troops always had a Red Cross Party. Different entertainments were given and the money collected went to the Red Cross.

The girls helped in the Hoover Campaign by delivering window cards and collecting registration cards. When the drafted men held their parade the Girl Scouts and Boy Scouts together carried three large flags. In these flags, money was dropped to help the Emergency Aid in sending tobacco and chocolate to the soldiers.

During Red Cross Week a number of the girls volunteered to collect money for the Red Cross in the moving picture shows. Several thousand dollars were collected. Each troop has felt the responsibility of doing some work like this. Many comfort bags, pillows and knitted quilts have been turned in to the Red Cross.

Like the Boy Scouts the Girl Scouts are now divided into districts in Philadelphia with a Deputy Commissioner for each district. These Deputy Commissioners are planning contests for the girls. One of these is a basketball contest with a silver cup for the winning troop.

Just now the most important thing the Girl Scouts are doing is to start their local paper. It is to be supported entirely by advertisements solicited by troops. It is to contain troop records and accounts, news, personals and jokes, as well as to afford an opportunity to every scout to win prizes in literary contests. The Philadelphia Scouts are anxious to hold a high standard and as a good Girl Scout should, keep true to the pledge, "to do my duty to God and to my Country, to help other people at all times, and to obey the laws of Scouts."

## Convention Will Be Important

The coming convention of the Girl Scouts to be held in New York on Friday and Saturday, October 26 and 27, will be the most important meeting in the history of the organization, since at that meeting a proposed

constitution and by-laws will be submitted for adoption. Everyone interested in promoting scouting among the girls of America will feel deep concern over the proposed form of government and the details of the plan of organization.

It is desired to secure the greatest possible efficiency in operation consistent with the democratic principles of American life. To that end the co-operation of every officer and friend of Girl Scouts is invited in formulating the rules and regulations which are to be incorporated in the new Constitution and By-laws. Dr. James E. Russell, chairman of the committee on reorganization will welcome suggestions, however trivial they may seem, if they spring from experience in promoting scouting, or in work with Girl Scouts. Letters addressed to National Headquarters will be forwarded to him.

It is important that the Convention be truly representative. While the invitation to attend the convention is extended to all who may be interested, careful attention should be given to the matter of selecting and securing the attendance of official delegates. Only in this way may all parts of the country and all phases of the work be given adequate and proper representation.

The meetings will be held in the Assembly Room on the eleventh floor of the Metropolitan Life Insurance Building, 1 Madison Avenue, New York. The first session will be at 10:30 on the morning of October 26.

## News About Equipment

It will be good news to Girl Scouts and to their leaders that the equipment department is rapidly being organized so that it can promise prompt deliveries and reliable service. Furthermore plans are being evolved which will greatly simplify the matter of uniforming and equipping troops.

Arrangements are under way with reliable firms in many of the leading cities to carry our uniforms, sales of course being limited to registered Scouts. Captains who wish such a shop in their town will greatly assist Headquarters by writing their recommendations to the Business Manager, Miss Dora Horwitz.

An interesting announcement soon to be forthcoming has to do with a semi-made uniform,—that is a uniform cut out and pinned together by a professional cutter, with buttons, thread and necessary material for finishing included in the package.

War conditions have so effected the price of khaki and other supplies that it has become inevitable to raise the price of uniforms of the present grade. In order, however, that no Girl Scout should be without a uniform by reason of the higher price, the equipment department has secured a supply of khaki of another grade from which uniforms will be furnished at the same price as that of the one grade hitherto carried. Both will be official uniforms. Full information concerning this change in the price will be found in the new price list, effective October 1.

# A Service for Girl Scouts

*A Message from the National President*

**M**Y FIRST message to you in this, our first Girl Scout Magazine, is to urge you to undertake a new and special work for our soldiers.

A very unique means of service has arisen, and if we do our bit we may help to shorten the war!!

General Pershing has written to ask our government to send him carrier pigeons.

Do not be surprised—a dove may be the emblem of peace, but a carrier pigeon is a messenger of war!

If every Girl Scout will feed and rear a pair of carrier pigeons and breed from them more little couples of pigeons to send our government she will be furnishing swift little messengers to carry notes and maps with exact positions of the enemy's guns from the battle lines to the generals in command.

In France these pigeons are bred in lofts behind the firing line. An aviator takes them away from their loft and carries them with him on his flight. When he has spied out the enemy's position he ties a tiny note or map to a pigeon's leg and releases it. It flies back home to its loft and brings its message to the soldiers waiting at their guns. Usually a pair of pigeons are released together, for pigeons are love birds and will not leave their mates, but flying together they return home with remarkable rapidity.

Their speed depends on the wind. In a favorable breeze blowing in the direction of the birds' flight they can fly over one thousand yards a minute; in the face of a contrary wind they can fly about 800 yards a minute. They can travel great distances. During military operations they are expected to go only from ten miles to sixty or seventy miles, or to communicate between parties of men cut off by the enemy. The longest flight on record was made in 1913 by two pigeons that flew from Rome

to England, a distance of one thousand and one miles.

In order to identify the bird the number of its loft is stamped on its wing. Each cock has a red ink mark on its tail and each hen a blue ink mark.

An officer has written to me from France: "Get your Girl Scouts to rear carrier pigeons for us. Our pigeons here have a traveling loft and after it has stayed ten to fifteen days in one spot they will go back to it. The traveling loft is like an omnibus painted black and white so they can see it from a distance. We use these pigeons from the trenches even to call for barrage fire when we are attacked suddenly."

Now who will undertake to raise carrier pigeons?

It does not require hard work, but it does mean responsibility, and no girl or no troop should undertake it unless prepared to carry it out faithfully. Any troop or any Girl Scout who will do this should write to me at Headquarters. I will send all particulars as to the conditions on which a pair of pigeons may be obtained, also directions on how to feed and manage them in the breeding season and where to keep their lofts. Many bird fanciers rear pigeons but fail to give each bird individual attention. That is why it is necessary for Girl Scouts to help. A pigeon returns to its home if it loves its keeper. Thus, with individual care it is much easier to train it as a messenger.

This may seem to be a new work, but in reality it is centuries old, as old indeed as history, since it is claimed that Noah's messenger in the ark was a homing pigeon, the ancestor perhaps of the little birds that Girl Scouts will raise for the service of their country.

JULIETTE LOW.

## First Fellow Appointed

Miss Doris Hough, of New Bedford, Mass., has been awarded the first Girl Scout fellowship. Leaders generally will rejoice that Miss Hough is first and foremost a good Scout, trained in all scouting activities and thoroughly imbued with scout spirit and enthusiasm. She is a successful captain of several years standing, is secretary of the New Bedford Council, and has done notably good work in organization. It was Miss Hough who last year organized the council in Newark, N. J., and who was a factor in stimulating the whole scout movement there.

Girl Scouts will be proud to have her represent them in the college world. They may be sure that her work along the lines suggested in Dr. Leland's article in another column will be first and foremost for the benefit of the whole scout movement, and that the results of her year of study will come back to the movement in terms of Scout usefulness.

Announcements of the two other Fellows yet to be appointed will be made in the October RALLY.

## Captains Attention!

The fiscal year begins on October 1. On that date the annual fees are due. All girls belonging to a troop on October 1 are liable for this fee of twenty-five cents, no matter on what date they joined. Girls joining after October 1, are liable at once for the entrance fee of twenty-five cents, the annual fee becoming due automatically the following October 1.

Captains are urged to collect and forward these fees promptly to Headquarters. By so doing they will greatly facilitate the work of that office, will help reduce book-keeping expenses, and will demonstrate effectively their own business ability, and the loyalty of their troop organization.

# THE RALLY

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*Application pending for entry at the Post Office,  
New York, as second class matter.*

In making its first appearance **THE RALLY** offers as its reason for existence the rapid growth of the Girl Scout movement, and the necessity for a general means of communication between the widely scattered units of the organization. **THE RALLY** belongs to all the Girl Scouts. It will be a success only as it expresses them and their interests. If it should ever represent any single group of leaders, or any one locality it will by that fact become a failure. Its future is in the hands of those to whom it belongs. As they give to it their suggestions, their criticisms and their co-operation so will its success be measured.

## The Scouting Program

**SCOUTING** differs from all other work for girls that I know about, in that its primary aim is good citizenship. It seeks to develop physical strength, right posture and grace of movement because these are essential to good health, to dignify the daily duties of the household because the home is made by woman, to care for the sick and protect young children because these are women's rights, to do good unto others whenever occasion offers because this is the law of love, and to train its members to keep mentally awake and morally straight because this is the way to grow. Other organizations, however, may claim as much. But the glory of Scouting is that it makes these aims merely means to ends. The supreme end is service to God and Country.

The captain of a troop may easily put a wrong emphasis on the scouting program. She goes wrong when she directs her work in such

a way that her girls find their pleasure in getting instead of giving, in doing something for themselves alone instead of making themselves the better able to do for others, in taking the short view which puts self and selfish interests before the good of family and neighbors and community and nation. She goes right when she provides wholesome games and sports which call for team work when each must yield something or do something for the good of all, when occupations are chosen that contribute to the general welfare, when duties are persisted in until they become their own reward, and when opportunities are offered that beget initiative, self-reliance and self-control.

The difference between Scouting and certain other methods of training may be one of emphasis, but in all relations between the individual and society it matters a great deal where the emphasis is placed. Sectarianism in religion and partisanship in politics are matters of emphasis. The present great World War is a matter of emphasis on different theories of government. In the give and take of life we seek the golden mean, but under a democracy and with the young everywhere there is peculiar need for stressing the giving rather than the taking. Hence the fundamental article in the Scouts' creed is in strict accord with the injunction of the Master, "It is more blessed to give than to receive."

JAMES E. RUSSELL

## Questions and Answers

From Miss Laura Holland, Executive Secretary of the Girl Scouts of Buffalo, comes the interesting suggestion that **THE RALLY** include a department of Questions and Answers in which those problems, big and little, that arise in the course of the work everywhere might be answered for the benefit of all.

**THE RALLY** cheerfully offers itself as a question box, but it disclaims omniscience in the matter of answers.

This, however, it undertakes: It will answer as best it can such questions touching on national policy and organization as have a general interest, and will publish and invite discussion in its columns of such questions pertaining to troop work as seem likely to draw out a free expression of experience from captains and workers in the field.

Many captains are taking up scout work for the first time. They are anxious for all the inspiration and the practical suggestions that more experienced leaders can give them.

Send in, therefore, any questions you may have, and if **THE RALLY** cannot answer them itself, it will find some one who can.

Fourteen women studied Boy Scout work at the University of Wisconsin, the past summer under Dr. J. C. Elsom. Most of the women were teachers and were preparing to become Girl Scout leaders. The dearth of courses in Girl Scouting obliged them to study the Boy Scout work and adapt it to their own uses. This dearth will be remedied before next year's summer schools are organized. Some interesting announcements in this line will soon be forthcoming from Headquarters.



# Policy and Plans

By ABBY PORTER LELAND  
Director National Headquarters

**W**HAT are the aims and ambitions of National Headquarters? What are its future plans of organization and policy? Are you one of those asking these questions in this period of growth and development of the Girl Scout movement?

Thoughtful people generally are facing the fact that every hour the girl spends outside of school is just as influential in forming her ideals and fixing her habits as are any of the hours she spends in school. Scouting for girls may help them to use not only their hours of leisure but the school hours as well to learn to think more clearly, to work more independently and efficiently, and to grow into more straightforward, dependable, helpful, womanly young women. For girls, scouting not only substitutes the right kind of wholesome play and work for the wrong, but it leads the girl into new interests, vocations and avocations. It opens up to her woman's work cut down to a girl's size.

The convention notice in this number indicates that the executive committee desires an organization truly democratic. If Headquarters is to act for you it must represent you; it is only as your representative that your Director can in any real sense be your executive officer.

We have great faith in the new editorial department and in what it may do in representing you by unifying and correlating scout spirit and scout activities. **THE RALLY** in its present form is only a beginning. In so far as Girl Scouts and Girl Scout leaders make this bulletin their own, by frequent contributions and frankest criticism, will it be able to grow and develop into the bigger and better publication for which we all aspire.

**THE RALLY** will henceforth be the regular means of official communications to captains and other leaders. Announcements which formerly were sent to you by letter will now be made in its pages. Any leader therefore who desires to keep in touch with Headquarters, its policies and plans, and who wants to know what is being done in the scouting world, must read **THE RALLY**.

The fellowships, it is hoped, will be another means of conveying to you the results of the best experience, experimentation and demonstration. Troops will be conducted under the auspices of the Universities where the fellowships are awarded. In these troops the girl scout program will be developed along lines of present usefulness; additions to the program will be tested. A study will be made of troops connected with schools, including the public and private schools, the schools that utilize only the outside recreational time of children and schools that introduce scouting as part of the regular program, assigning a teacher for this purpose. At the same time a study will be

made of troops connected with various religious bodies, Jew, Catholic, and Protestant; troops composed of children richly endowed with this world's treasure and those composed of children that scouting is perhaps saving from blind ally trade; troops composed of children blessed with real homes, and those composed of children who are living in institutions.

Our holders of fellowships will be one of the means of conveying to every scout captain the results of such a study or investigation as suggested above. Furthermore they should, through their work in theory and practice be available as able leaders in scout work.

One of our greatest needs is an adequate staff of field workers. A staff of twenty-five women is required to meet our present need of organizing councils, supervising work started, and conducting special experiments. At present we can only boast one salaried field worker, and three volunteer field workers. We hope to be able to announce soon the appointment of additional full-time workers. Scout leaders who may be interested in undertaking volunteer field work are invited to write Headquarters.

We feel that opportunities are offered to the men and women in this country to produce an organization centralized but highly flexible, to produce an adequate program for girls, to develop leaders, to develop and unify scouting through proper publicity and intelligent field extension. It remains to be seen what we do with these opportunities. Relying upon your assistance. Headquarters dedicates its best to the service of the young womanhood of our country.

## A Call for Experience

### HOW DO YOU CONDUCT TESTS?

Be a Good Scout! Sit down today and write **THE RALLY** about the best method you have evolved for giving your patrols their Tenderfoot, second class and first class examinations.

The matter of giving tests is one of the first problems that young captains encounter.

Be generous to them with your experience.

Some happy day **THE RALLY** hopes to announce a standardized method of giving tests sufficiently elastic to fit local conditions. This method can only be developed from the successful experience of those actually engaged in troop work.

As a beginning in the collection of this data and as a "hand up" to young captains **THE RALLY** invites all leaders who have evolved satisfactory methods, to tell us how they did it.

It promises to pass on the information in a way to be generally useful.

## A Call from President Wilson

THE recent proclamation of President Wilson calling on the children of the nation to do their part in the mercy work of the war by joining the Junior Red Cross would seem to be addressed to Girl Scouts, so direct is its appeal to the best ideals of this organization.

Last February, when it was evident that the United States would soon be forced into the world war, the Girl Scouts immediately offered their services to the Red Cross for such ever work as they might do. The offer was accepted and the Girl Scouts have since co-operated definitely and effectively with local Red Cross chapters in ways best adapted to local needs.

This newest call of the President for service means an enlargement and a centralization of the efforts of the young people of the nation. There are few organizations so fitted by training and experience to answer this call as the Girl Scouts. How this may be done, whether as an organization or as individuals, has not yet been determined. Headquarters is now in communication with Dr. Henry Noble MacCracken, in charge of the junior organization, by whose advice a plan which will be announced in the November RALLY will be formulated.

Meantime THE RALLY feels that it can do no better service than to reprint the President's stirring words and to urge that they be read aloud and discussed at the meeting of every Girl Scout troop in the United States.

*"To the School Children of the United States—  
A Proclamation:*

"The President of the United States is also president of the American Red Cross. It is from these offices joined in one that I write you a word of greeting at this time when so many of you are beginning the school year.

"The American Red Cross has just prepared a junior membership with school activities in which every pupil in the United States can find a chance to serve our country. The school is the natural centre of your life. Through it you can best work in the great cause of freedom to which we have all pledged ourselves.

"Our Junior Red Cross will bring to you opportunities of service to your community and to other communities all over the world and guide your service with high and religious ideals. It will teach you how to save in order that suffering children elsewhere may have the chance to live.

"It will teach you how to prepare some of the supplies which wounded soldiers and homeless families lack. It will send to you through the Red Cross bulletins the thrilling stories of relief and rescue. And, best of all, more perfectly than through any of your other school lessons, you will learn by doing those kind things under your teachers' direction to be the future good citizens of this great country which we all love.

"And I commend to all school teachers in the country the simple plan which the American

Red Cross has worked out to provide for your co-operation, knowing as I do that school children will give their best service under the direct guidance and instruction of their teachers. Is not this perhaps the chance for which you have been looking to give your time and efforts in some measure to meet our national needs?

WOODROW WILSON, President."

### Scouts in the Movies

The Girl Scouts have made their bow in the motion picture theatres of the United States as part of the important news of the day. The Mt. Kisco troop encamped at Wodelesse, the country home of Mrs. Juliette Low near Ossining, N. Y., gave a demonstration of scout activities early in September, so interesting and so picturesque, that two motion picture companies, the Universal and the Pathe-International, thought it worth while to send their men there to photograph it and to include the pictures in their animated news service throughout the country.

The setting for the pictures was beautiful, and the backgrounds supplied by the fine old trees, the lawns, the gardens and the orchard of Wodelesse were charming.

Although the girls had had almost no rehearsal they went about their accustomed Scout activities before the busily clicking camera as unconcerned as though they posed for the movies every day. They built a camp fire and cooked chops on forked sticks; they trooped into Mrs. Low's big vegetable garden and picked baskets of corn, tomatoes and cabbages; they gathered around the outdoor canning kitchen and watched the four scouts from Washington, D. C., in the Food Administration costume give a lively and efficient demonstration of the latest method of canning; finally they stood at attention on the lawn after Mrs. Low had inspected them and gave the beautiful and impressive pledge to the flag.

These pictures were shown in the theatres as evidence of the patriotic spirit of the Girl Scouts. Through the kindness of the manufacturers, prints of the films have become the property of National Headquarters. They will be available for the work of field secretaries and for Girl Scout entertainments.

### Mr. Gammon Resigns

Mr. Montague Gammon, formerly executive secretary of National Headquarters, has resigned. On leaving Headquarters, Mr. Gammon first intended to do field work for the Girl Scouts, but his plans have now changed and he is no longer connected with the organization.

Leather belts with distinctive buckles made exclusively for Girl Scouts are among the newest bits of Scout regalia.

# Girl Scout Knitting of Sammies' Sweater Sets

By ANNE HYDE CHOATE

A DEFINITE way for Girl Scouts to help the Red Cross is offered by the call of the American Red Cross commission in Paris for 1,500,000 knitted sets for the American and Allied Soldiers. The Red Cross wishes to ship these sets abroad as near the end of October as possible, and in order to fill the enormous order promptly, has apportioned one set to every two members all over the country.

However, many members are men! And many others can't knit, so the Red Cross appeals to all knitters, whether members or not, to help!

A set consists of a sweater, a muffler, a pair of wristlets and a pair of socks.

Girl Scouts are urged to knit and to urge others to knit as many as possible of whatever garments they can do best.

Grey wool is now to be used for both the Army and the Navy, and any Red Cross Supply office has it on hand for \$2.00 per pound. Two pounds make a full set. In some places the Red Cross Chapters supply the wool free and ask for contributions to their wool fund, in others each person is expected to buy her own wool. A very good plan is for a Girl Scout troop to give some little entertainment or candy sale to raise enough to cover the cost of the troop's wool; meantime to ask its local Red Cross Chapter to supply it with whatever wool the troop can undertake to knit into garments before October 25.

Let each troop report to THE RALLY just how many garments are knitted, so that we may know how much the Girl Scouts all over the country are helping and accomplishing in this way! It is interesting to many of the troops to put tags on their garments saying "Made by a Girl Scout, Troop No. \_\_\_\_\_ of \_\_\_\_\_ (name of place)," but of course no girl's name should be put on. Most of the Girl Scouts I know are making mufflers or wristlets, and it is much better to make two good mufflers than one poor sweater.

Let us all make whatever we can make best, and let us interest all our friends to help in this great big undertaking!

The latest official Red Cross directions for making all the articles required are given herewith:

## Sleeveless Sweater

Three hanks of yarn ( $\frac{1}{4}$  lb.); 1 pair Red Cross needles, No. 3.

Cast on 80 stitches. Knit 2, purl 2 stitches for 4 inches. Knit plain until sweater measures 25 inches. Knit 28 stitches, bind off 24 stitches for neck, loose. Knit 28 stitches. Knit 7-9 ridges on each shoulder, cast on 24 stitches. Knit plain for 21 inches. Purl 2, knit 2 stitches for 4 inches. Sew up sides, leaving 9 inches for armholes. 2 rows single crochet around neck and 1 row single crochet around the armholes.

## Muffler

Two and one-half hanks of yarn ( $\frac{1}{4}$  lb.); 1 pair Red Cross needles, No. 3.

Cast on 50-60 stitches making 11 inches wide Plain knitting for 68 inches.

## Wristlets No. 1

One-half hank of yarn ( $\frac{1}{4}$  lb.); 1 pair Red Cross needles, No. 2.

Cast on 48 stitches, knit 2 and purl 2 for 12 inches, and sew up, leaving 2 inches open space for thumb 2 inches from the edge.

## Wristlets No. 2

(Made in one piece)

One-half hank of yarn ( $\frac{1}{4}$  lb.); 4 Red Cross needles No. 1 (or steel needles No. 12).

Cast on 32 stitches on 3 needles: 16-16-20. Knit 2, purl 2 for 8 inches. To make opening for thumb, knit 2, purl 2 to end of 3rd needle, turn; knit and purl back to end of 1st needle, always slipping first stitch; turn. Continue knitting back and forth for 2 inches. From this point continue as at first for 4 inches for the hand. Bind off loosely and buttonhole thumb opening.

## Medium Sized Man's Sock

Four Red Cross needles No. 1 (or steel needles No. 12);  $\frac{1}{2}$  lb. (2 hanks) of yarn.

Set up for 60 stitches, 20 on each of 3 needles, or 72 stitches, 24 on each needle. Knit 2 plain, purl 2 for  $4\frac{1}{2}$  inches, then knit 50 rows plain until leg measures 11 inches, then start turning heel.

Finished, sock should measure, tip of leg to tip of heel, 14 inches, and foot from tip of heel to tip of toe, 11 inches.

Miss Caroline E. Lewis, secretary of the New York Council, has been invited to give a demonstration of Girl Scout Work at the West Side Branch of the Young Women's Christian Association in New York. This invitation is significant of the growing interest of organizations in girl scouting. Some time ago Miss Lewis sought the opportunity to give such a demonstration before this association, and her request was refused. Miss Lewis has also been asked to give a talk on scouting for girls at one of the big Brooklyn High Schools.

Mrs. James J. Storrow, of Boston, a member of the executive committee will represent National Headquarters Girl Scouts at the Rally at Springfield, Mass., to be held in connection with the Eastern States Exposition, October 12 to 20.

**The Rally will, for the present, be sent without charge to all Commissioners, local secretaries and captains.**

**Extra copies are available at the rate of ten cents each or \$1 per year. Anyone willing to supply a troop should place the order in advance. Cash should accompany all orders.**

# War Work of the Girl Scouts of Washington

By EDNA MARY COLMAN,  
Commissioner of the District of Columbia

THE grim spectre of war has stamped its impress upon the National Capital, where the atmosphere is tense with preparation. War work on every hand rushed by night and day has infused into the young people the same tense interest which absorbs their elders.

Achievement has inoculated the Girl Scouts with its driving power. All summer long troop after troop has kept hard at work making surgical dressings, comfort bags, knitting all soft woolly comfortables that will keep Jack Frost from nipping military noses, ears and fingers, and in many other ways giving time and service for patriotic duty.

Early in the year the Girl Scouts adopted the Thrift program of the Department of Agriculture and started to cut down individual waste. With the spring came the gardens, then the splendid achievement plan devised for them by O. H. Benson, Specialist in Charge of Boys and Girls Canning and Garden Club Activities in the Central and Western States.

With the maturing of the garden products came the enrollment in the ranks of the Food Administration. From all of the troops, those scouts of fourteen and over who had already had some training in cookery or dietetics, were enrolled in a demonstration team to learn scientific methods of canning under the direction of a demonstrator appointed by the Department of Agriculture for the District of Columbia. Pledging themselves to an intensive course of instruction lasting one week, they went every morning to the community cannery where they learned to can all the vegetables and fruits. Appropriate graduation exercises followed the final examination and demonstration. Every one of the twenty-six who completed the course received a certificate from the Agriculture Department tied with yellow ribbon. Commissioner Brownlow, of the District, and distinguished members of both the Food administration and the Department of Agriculture made congratulatory addresses.

At the beginning of the course the zeal of this team won from the Food Administration the splendid donation of twenty-seven Food Uniforms for use in the canning work.

Following the conclusion of the course the team began to divide its activities, sections going to all parts of the city to assist housekeepers, clubs and institutions in putting up vegetables and fruits. Most of them entered the contests offered for the best assortment of canned fruits within a given time. Three Girl Scouts captured prizes for exceptional exhibits.

With the opening of school the work has not abated, for close upon the heels of the canning there are to be wonderfully valuable courses of drying, pickling, preserving and best of all, war or rather "liberty" cookery as the expert of the Bureau of Chemistry pleases to call it. This team of girls is pledged to give one afternoon per week after school. Soon they will be

making all the different kinds of bread suggested to lessen the use of wheat flour, and will be learning also the use of other substitutes in cookery.

In addition to this absorbing line of study the Girl Scouts have started a plan that promises to cheer many a soldier. Each girl is to obtain from her neighbors at least five newspapers as soon as the family have finished with them, asking also the donation of a one cent stamp. Where the troops are small it is planned that several in the same locality shall band together and "adopt" one company of soldiers from their city. These papers must be neatly wrapped and addressed to the captain of that company. Twenty papers will answer for one tent. Thus by a little consistent effort a company of men in the cantonment will receive the daily news from home, which does more to keep them happy than anything else that can be given them.

Still another plan already in operation in Washington is for troops of Girl Scouts to look after the newspapers for a specific company by obtaining subscriptions for the daily home papers from their relatives and friends. Twenty subscriptions mean very little to each subscriber, but untold comfort to the entire company of soldiers who have been thus "adopted" as a unit.

Washington girls are also busy making the scrap books for soldiers in the foreign hospitals, the puzzle cards, the trench candles and the weekly envelopes of clipped stories and articles selected with the sole thought of giving cheer and hope to sick and wounded sufferers. Most absorbing of all of these many interesting bits of war service are the Christmas bundles which they have already started in accordance with the directions of the National President, Mrs. Juliette Low.

Though the leaves have not yet turned and the Washington girls are still making sandwiches for the soldiers who daily pass through on trains, and are still picking grapes and other late fruits and making jams and jellies for this perpetual sandwich stream, they are already planning for the Christmas trees which they mean to have put up in the Cantonments where District soldiers are in training.

While these Girl Scouts have achieved so much, they have not forgotten that unusual advantages have been extended to them and the plans which they have tried and found worth while they offer most cordially to any and all other scouts who may wish to adopt them.

Because they were representing the Girl Scouts of the United States in their Canning Demonstrations, they have given most careful attention to each step in the training, and in their demonstrations, they have borne in mind the fact that in a measure the honor of the organization was in their keeping.



## The Rally Wants Reporters

**T**HE RALLY wants the news of all Girl Scouts all over the United States. It wants to know what you are doing and how you are doing it. Whenever you do something worth while and interesting, something that would give some other troop a new idea for a good turn or a good time, THE RALLY wants to publish it.

THE RALLY asks that each troop elect a troop reporter who will keep a record of all the news of the troop and send it to this office every three months, beginning November 1, and following on February 1, May 1, and August 1.

This news should be as definite as possible. Tell how many miles you hiked, how many knitted garments the troop made, how you helped the Red Cross, what "good turn" the

troop did as a troop for the town or community, and what money you raised, how you raised it, and for what purpose.

And do not forget that THE RALLY is just as much interested in the fun of scouting as in its good works. We want to know about the good times you have, and the original "stunts" you give. We want to know about your games, we want to know what girls hold the troop athletic records, we want to know about your basketball team.

THE RALLY is small, but it has an insatiable appetite for news, and it will clamor for it until every troop is doing its share to satisfy its hunger.

Its first meal is due on November 1. Do not disappoint it!

### A Democratic Camp

The camp at Bear Mountain, Southfields, N. Y., conducted by Miss Caroline E. Lewis, local secretary of the New York Council, was an interesting and significant example of the democracy of the Girl Scout movement and of its influence for Americanization. Fifteen nationalities were represented among the 178 girls from New York City, who spent from two to three weeks in this camp. They came from every part of the city, and represented every phase of its varied life. But once they reached camp every difference of habit and tradition was forgotten. They were Girl Scouts and nothing else, bound together by the Girl Scout promise and by common loyalty to the Girl Scout laws.

There are many interesting features of this camp which should be full of stimulating suggestions for managers of Scout camps generally. Miss Lewis worked out a careful program of play, study and work, developing alike to the bodies, minds and spirits of her girls. Her housekeeping system was well studied, her menus, for instance, being based on the combined principles of dietetics and food conservation. Most interesting of all were those classes in what educators would call ethics, but which the Scouts called The Laws and the Promise. Grouped on the grass and rocks under the trees beside the lake, the girls and Miss Lewis talked over together the meaning of the principles of the Scouts and their application even to the commonest things of life. These talks threw many illuminating little side lights on the thoughtfulness of the Scouts. It was noticed, for instance, that among all the Scout laws, the first preference for discussion was: "A Girl Scout is cheerful," and that whenever the girls were asked for the first quality of a perfect Scout the answer came in a chorus, "Cheerful."

At the request of the British War Office, two Girl Guides, the English sisters of the Girl Scouts, served as orderlies to General Pershing during his stay in London.

### Rain Fails to Spoil Rally

Scout spirit triumphed over the imp of bad weather and made the summer Rally of the Girl Guides of Toronto, Canada, a great success. For months the girls had been practicing an elaborate and artistic program. The lawns of Casa Loma, where the Rally was held, were festive with booths and flags. Many girls had come from neighboring cities, the guests of Toronto's thirty-one troops.

But alas! on the long anticipated day, the rain came down in sheets, and every out-door activity was effectually halted.

Only the spirits of the Guides survived the downpour. They gathered in the large "Potting Room" of the conservatory, hastily turned into a meeting place, and were there received and reviewed by Lady Pellett, Lady Hendrie and others. Flags were presented to various troops and individual prizes and badges awarded. In one of the rooms of the mansion was a large display of work done by the Guides for merit badge contests.

Tea was served to the Guides in the Potting Room, and a military band helped dispel the gloom of the weather.

### A Challenge

Forest Hills, Long Island, boasts that 95% of the girls of scout age in that community are Girl Scouts, making three troops in all. Troops I and II have flourishing basketball teams, and during the last year played a series of three games, Troop I winning two out of the three games. Besides this series an extra Fourth of July game was played which was won by Troop I. Thus honors were divided. This year the teams have joined forces and formed one team to represent the Girl Scouts of Forest Hills.

Forest Hills now challenges any other Scout team in the vicinity of New York to one game, or a series of games on the Forest Hills playground or any other.

Any team willing to accept this challenge kindly communicate with the Playleader, Forest Hills, L. I.

## Mobile's Active Scouts

The Mobile County Girl Scouts have been a very active Association since their organization a few months ago. A special committee composed of well known women elected by a mass meeting of Federated Club Presidents, in turn elected a Secretary and Treasurer to canvass the clubs and secure subscriptions. This was up-hill work as the Red Cross, Liberty Bonds, and many other patriotic demands had sapped everyone's spare money.

At last a Patriotic Entertainment was given, at which we were assisted by the First Alabama Regiment Band. The most attractive number on the program was one in which six girls in Scout uniform executed drill formations with six soldier boys. One of the figures of this was a wheel formed with the clasped hands of the six boys and girls. A dainty little dancer, dressed in red, white and blue and carrying the flags of the United States and her Allies stood on their hands while the band played a Patriotic Medley.

This entertainment netted sufficient funds to engage the services of Miss Hannah Belle Horton, of Brooklyn, a trained organizer. When Miss Horton reached Mobile, eighty-five girls were officially enrolled. After a month's work, the enrollment ran up to one hundred and fifty-six members.

As a finale to Miss Horton's work, a splendid Public Demonstration was given in Lyons Park, a beautiful suburban playground. Each troop had worked up a different feature. The little tots gave a flag drill, next older girls sang a Scout song, another troop gave an exhibition of knot-tying, and the signal corps showed its skill. Still older girls drilled, and the program closed with a patriotic song.

In the meantime a Local Council had been formed and officers elected. The Commissioner is the local executive officer and also fills the office of Secretary and Treasurer. She conducts an "Officers' Class" weekly, teaching them how to make the work interesting. She organizes new troops, and once a month inspects each troop. She also arranges Public Demonstrations and serves on all Local Council committees.

In Mobile the girls have just taken their Tenderfoot tests and are taking swimming lessons and sewing. Once a week they meet and work for the Red Cross. Thus far they have made garments and fracture pillows, have hemmed slings and knitted sponges.

The "Brownies" are just as interested in the work as the older girls. They have knitted a great number of sponges, and have cut the scraps for fracture pillows. It is a charming sight to see them drill, play kindergarten games, and do physical culture exercises. They expect soon to take up cooking and the making of doll clothes.

An "every member get a member" campaign is now on, and already fifty new girls have been enrolled.

The Mobile Scouts have a "get together" party monthly. Monroe Park, a beautiful spot overlooking Mobile Bay offers the girls a fine beach to play on. The grounds of the

Park make an admirable place for competitive races and drills.

The beautiful woods nearby are splendid for hiking.

How I wish some of northern Scouts could take these hikes with their southern sisters! Often we stop at a farm-house, and after purchasing several melons enjoy a watermelon cutting. Think of it, city Scouts, think of eating watermelons right off the vine! Then there are the fields of cotton, the sweet potato patches the corn and sugar cane fields that never cease to be interesting. The Satsuma orange groves around Mobile are truly beautiful, and it is hard to tell when we enjoy them more when they are in bloom or when they are laden with the wonderful golden fruit. I must not forget either the Scuppernon vines nor the fig, pear and peach trees that all add their share to our pleasure in the out-of-doors.

Mrs. J. C. BAKER,  
*Girl Scout Commissioner,*  
Mobile Co., Alabama.

## First Training Camp for Leaders

The first National Training School for Girl Scout Leaders was held in Boston on the grounds of the Winsor School, Longwood, from June 22 to July 14. A detailed account of the work and the results of this camp will appear in a later number of THE RALLY. The camp had a capacity of fifty, but thirty-four in addition were registered as day students. A charge of \$8.00 a week was made for tuition, and \$4.00 for camping. The use of the school building was given free of charge as was also much of the equipment. Much of the teaching was volunteer service, so that the receipts nearly covered the expenses.

The subjects studied with the instructor were as follows: Military Marching Drill, Captain Robinson; Semaphore and Wigwaging, Mrs. Regis Post; First Aid, Home Nursing and Surgical Dressings, Red Cross; Swimming, Mrs. Platt and Mrs. Hartt; Cooking, Mrs. Darling and Miss Sutherland; Calisthenics, Mrs. Storrow; Basketry, Miss Lesley; Knot-tying, Miss Nelson; Scouting and Pine Tree Patrol Drill with Pine Tree Outfit, James Wilder, Commissioner Boy Scouts of Hawaii; Fire Drill and Rescue Work, Captain Donahoe, Boston Fire Department; Observation Lesson (Birds and Trees), Miss Abbott.

Lectures were given as follows:

Address of Welcome, Miss Margaret Slatery; Folk Music, Cecil J. Sharp; Fire Protection, Captain Sinnott, Boston Fire Department; Health of Girls, Dr. James Sever; Group Psychology, Miss Jane Judge.

The following certificates were awarded:

Tenderfoot, 71; Second Class, 29; First Aid, 19; Home Nursing, 17, and Surgical Dressings.

The officers of the camp were:

Commandant, Helen Storrow; Captain, Olive Lesley; Adjutant, Cora Nelson; Commissary Steward, Harriet L. B. Darling; Assistant Commissary Steward, Margaret Sutherland; Business Manager, Katherine Briggs; Nurse, Ida Johnson.

## News of the Troops

The Red Cross Chapter of White Haven, Pa., has invited Golden Rod Troop, Grace R. Funk, captain, to help with a fair to be given this month. Captain Funk would appreciate suggestions from other captains as to original and effective ways in which her patrols may serve.

The Pleasantville, N. Y., Troop (Pansy), has done on an average about half-an-hour of gardening a day during the summer; many of the girls have put up from one bushel to one hundred jars of fruit and vegetables; wool for more than a dozen knitted articles for the Red Cross has been given out. Through the courtesy of Mrs. Juliette Low, the group enjoyed a week-end of camping on her grounds, with rifle practice. A trip to the State Camp at Bear Mountain gave a good idea of camping on a large scale. A detachment hiked to Hawthorne, a neighboring village to inaugurate and encourage a new troop there. Captain Hall, of Brooklyn, gave five weeks of military drill.

The newly organized Forget-me-not troop of Hamburg, N. Y., Helen M. Shoemaker captain, had an early opportunity to put its First Aid work to practical use. While rounding a sharp curve the motor truck taking twenty of the troop out to camp was overturned. Two of the girls were so hurt that they had to be sent home. The others proceeded to camp and spent a delightful week.

Mt. Kisco Girl Scouts had an out-door rally on September 22. An exhibition of drilling, signalling and the manual of arms with staves was given. Several of the Scouts received merit badges. On September 18, Mrs. Waldo Richards gave an interesting afternoon of readings for the Mt. Kisco troops. Twenty scouts from Pleasantville were their guests for the occasion.

Girl Scouts of Knoxville, Tenn., took part in the farewell parade given to the 3rd Tennessee Infantry, when it left for Camp Sevier.

Girl Scouts at Breckenridge, Minn., are making comfort bags for the local soldiers.

Pansy Troop No. 1, of Covington, Ga., Frances Godfrey, captain, is planning to give a play this fall to show the people of Covington what the Girl Scouts are doing. Captain Godfrey will be glad to receive suggestions from other troops that have produced successful plays.

"Pies for soldiers" was the slogan of the Scouts of Lockland, Ohio, Louise M. Price, captain, when in August they collected 315 pies and carried them to the soldiers at Camp Columbia. Each man received a quarter of a pie. The girls were received with military honors and a brief drill was given especially for them. The soldiers themselves put on a stunt called "Dying for a Pie."

## Echoes of the Camps

Oak Troop of Elk Lick, Pa., spent a week in camp near Grantsville, Md. More than eighty-five visitors wrote their names on the official camp register. The girls were fortunate in having the full moon to add to their pleasure. The nights were wonderful indeed with the moon, the water, the camp fire and the towering giants of the forests all a part of the picture.

New Bedford, Mass., Girl Scouts enjoyed this year for the fourth consecutive season the hospitality of Miss Amelia H. Jones, on whose farm their summer camp was located. In addition to their tents the girls had the use of an old farm house, more than 200 years old. The camp accommodated thirty girls at a time, and most of the 900 New Bedford Scouts enjoyed it at some time or other during the summer.

Camp Arbutus was the name chosen by the Scouts of Big Rapids, Mich., for their summer camp on the borders of Clear Lake, where fifteen girls spent a happy week.

The Girl Scouts of Savannah, Ga., spent a week in camp. Miss Miriam Robider, president of the Captain's Association, had charge of all the arrangements.

The week spent in camp by the Keokuk, Iowa, Scouts was not all given up to pleasure. The girls prepared for their tests in signaling, first aid and swimming.

The housekeeping arrangements and budget were interesting features of the Minneapolis, Minn., Girl Scouts' camp at Orchard Lake. All the cooking was done by the girls themselves under the supervision of the captains. The girls were charged forty cents apiece a day for food. Miss Marjorie Edgar, the local Scout executive, kept the camp open far into September. Even after the regular season closed it was available to the troops for week-end parties.

The charming little camp on the grounds of the summer home of the national president, Mrs. Juliette Low, near Ossining, N. Y., was the scene of many happy camping parties during August and the early part of September. Troops from Mt. Kisco and Pleasantville had the honor of being entertained there, as well as the commissioner from Washington, D. C., Mrs. Edna Mary Colman and four of the Washington Scouts. The campers who had the moonlight week ended a joyous nightgown frolic with Follow Your Leader all over Mrs. Low's lovely secluded grounds. The leader, Captain Kollock finally led her laughing white-clad troop into the garden for a Virginia Reel among the cabbages.

Troop 50, Manhattan, gave a cake, candy and apron sale in September to raise a fund for uniforms and a troop flag. Every article offered for sale was made by the girls themselves.

## Girl Scout Camp Songs

*Tune—"Hello Hawaii"*

Hello, Girl Scout Camp, how are you,  
Let me tell you what I think of you,  
I think you're great, and I'll wait  
Every year to come here,  
Come girls, let's cheer now, cheer loud for  
our camp,  
We'll sing and we'll cheer till we raise the  
echoes clear,  
Let all voices raise in the joyous song of  
praise;  
Girl Scout Camp, Girl Scout Camp,  
We all sing to you!

*Tune—"I Didn't Raise My Boy to Be a  
Soldier"*

Why don't you raise your girl to be a Girl  
Scout,  
A pleasure and a friend to each and all,  
Our duty is to help in time of trouble,  
To be of service anywhere at all,  
You needn't think that we're afraid of danger,  
We'll even make fine soldiers if we may,  
We know there'll be a day,  
When mothers all will say,  
"I want to raise my girl to be a Girl Scout."

## Good Turns

Forget-me-not Troop, of Franklin, Mass.,  
raised five dollars to give to the district nurse  
to buy milk for a little baby.

Giving their services to the General Hospital is one of the community good turns undertaken for the second year by the Girl Scouts of Cincinnati, O. In groups of six the Scouts work one day a week in the Social Service room. One of their regular tasks is sorting magazines which are later taken around to the different wards. During the summer the Cincinnati Scouts helped take care of the children of those mothers who when they were absent at the Public School cooking and canning classes had no one with whom to leave their little ones.

Girl Scouts of Huntington, Long Island, did volunteer work through the summer in the local canning kitchen. They helped gather fruits and vegetables, and helped prepare them for canning. Incidentally they themselves received most valuable instruction in scientific canning.



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